



Lipotropic Injections & B12

BENEFITS OF LIPOTROPIC INJECTIONS WITH B12

1. Fat Loss
2. Fights Visceral Belly Fat
3. Improve Performance
4. Increase Work Capacity
5. Enhance Recovery
6. Improve Cognitive Performance
7. Increase Motivation
8. Improve Male Fertility

Lipotropics is a word used to describe three amino acids that are essential for the health of your liver. Your liver is the organ responsible for removing waste and toxins from your body, effectively assist in the breakdown of fat and reduces the buildup of cholesterol. The lipotropic substance speeds up the removal of fat. The vitamin cocktail contains compounds that enhance liver function and increases the flow of fats and bile from the liver as well as the gallbladder. The key amino acids used to make these shots are: Methionine, Inositol, and Choline.

Vitamin B12 shots are designed to provide patients with a boost in energy and a prolonged source of energy. When combined, Lipotropic amino acids and Vitamin B can be an effective weight loss tool for individuals looking to shed those extra pounds. Increasing the amount of vitamin B-12 in your body helps increase your metabolism, causing your body to burn calories more quickly.

WHY TAKE LIPO/B12 INJECTIONS?

When used in conjunction with a low-calorie diet and moderate exercise, these enhanced B12 and lipotropic injections can help the body rid itself of fatty deposits more efficiently. Many patients who receive the injections regularly notice an improvement in their energy level within a few days, many cases sooner. In addition to feeling more energy, the shots can be effective in terms of clearer skin, better sleep, improved memory/cognition, and decreases stress.

THE KEY AMINO ACIDS

Choline supports the health of the liver in its processing and excretion of chemical waste products within the body. It is required for the transport and metabolism of fats and cholesterol within the body, which is important for the healthy support of the endocrine, cardiovascular and hepatic systems.

Methionine

- Sulphur-containing amino acids responsible for many bodily functions. It acts as a lipotropic agent to prevent excess fat buildup in the liver and the body. Methionine is also helpful in relieving or preventing fatigue and may be useful for patients with a history of allergies due to the ability of Methionine to reduce histamine release.

*****Individuals with a Sulfa (Sulfonamide) allergy should not take this injection.**

Inositol

- A nutrient belonging to the B vitamin complex, is closely associated with choline. It aids in the metabolism of fats and helps reduce blood cholesterol. Inositol also participates in the action of serotonin, a neurotransmitter known to control mood and appetite.

L-Carnitine

- A substance that helps the body turn fat into energy. Elevating the amount of L-Carnitine stored in your muscles can help improve your fitness goals and overall health. Some of the benefits include:
- Fat loss, increased athletic performance, speeds recovery from intense exercise, improves cognitive function, and helps prevent stress.

Vitamin B12

- Helps with the formation of new cells in your body. Energy levels are increased, which helps you participate in more activities including exercise without tiring easily. Vitamin B12 also helps with white blood cell production, which is vital to keep your immune system strong.

Vitamin B6

- Provides the added benefit of induced energy levels, which encourage a more active lifestyle.

PATIENTS NAME: _____

DATE: _____